



FLUSHING 1-6 LUNCH MENU

FREE TO ALL STUDENTS

February-May

SECOND LUNCH \$2.75 COLD LUNCH /ADDITIONAL STUDENT MILK \$.60

ADULT MILK \$.70 ADULT \$5.25

SONIA SHORTZ, CNS 810- 591- 2791

WEEK OF	MODAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2-5 3-4 4-8 5-6	HOT DOG POTATO SALAD CHIPS ASSORTED PEPPERS APRICOTS MILK CHOICE 1% OR FF	BOSCO STICKS W / SAUCE ROMAINE SIDE SALAD W / CHERRY TOMATOES BLUE RASBERRY APPLESauce MILK CHOICE 1% OR FF	CHICKEN TENDERS BAKED FRIES MIXED VEGETABLE BLUEBERRY MUFFIN PEAR CUP MILK CHOICE 1% OR FF	FRENCH TOAST STICKS SAUSAGE HASH BROWNS ROUNDS MANDARIN ORANGES MILK CHOICE 1% OR	CHICKEN QUESADILLA OR QUESO W / CHIPS REFRIED BEANS & CHEESE PEACHES • ICE CREAM CUP MILK CHOICE 1% OR FF HALF DAY 3-8
2-12 3-11 4-15 5-13	HAMBURGER OR CHEESEBURGER COTTAGE CHEESE BAKED BEANS PINEAPPLE MILK CHOICE 1% OR FF	PIZZA SLICE ROMAINE SIDE SALAD W / CHERRY TOMATOES FRUIT SALAD MILK CHOICE 1% OR FF	CHICKEN NUGGETS MASHED POTATOES & GRAVY CORN DINNER ROLL FRESH GRAPES MILK CHOICE 1% OR FF	GRILLED CHEESE OR HOT HAM CHEESE CHIPS FRESH CARROT & BROCCOLI FROZEN STRAWBERRY CUP MILK CHOICE 1% OR FF	WALKING TACOS SALSA & SOUR CREAM CUCUMBERS & RED PEPPERS PEAR CUP MILK CHOICE 1% OR FF HALF DAY 2-16
2-19 3-18 4-22 5-20	MAC & CHEESE HOT PRETZEL STEAMED PEAS PINEAPPLE MILK CHOICE 1% OR FF NO SCHOOL 2-19	FRENCH BREAD PIZZA ROMAINE SIDE SALAD W / CHERRY TOMATOES PEACHES MILK CHOICE 1% OR FF	CRISPY CHICKEN SANDWICH OR HOT & SPICY CHICKEN SANDWICH CHIPS BAKED BEANS APRICOTS MILK CHOICE 1% OR FF	MINI PANCAKE SAUSAGE HASH BROWN STARZ CINNAMON APPLESauce MILK CHOICE 1% OR FF	SOFT BEEF TACOS SALSA & SOUR CREAM REFRIED BEANS & CHEESE SIDE KICK MILK CHOICE 1% OR FF NO SCHOOL 5-24
2-26 3-25 4-1 4-29 5-27	RIB A QUE SANDWICH OR CORN DOG CHIPS FRESH RED PEPPERS FRUIT SALAD • FRUIT SNACK MILK CHOICE 1% OR FF NO SCHOOL 3-25 NO SCHOOL 5-27	PEPPERONI PIZZA STICKS ROMAINE SIDE SALAD W / CHERRY TOMATOES MANDARIN ORANGES MILK CHOICE 1% OR FF NO SCHOOL 3-26	CHICKEN NUGGETS TATOR TOTS GREEN BEANS OATMEAL BAR CHERRY APPLESauce MILK CHOICE 1% OR FF NO SCHOOL 3-27	ASIAN CHICKEN FRIED RICE W / VEGETABLE STEAMED BROCCOLI FROZEN STRAWBERRY CUP MILK CHOICE 1% OR FF NO SCHOOL 3-28	BEEF NACHOS SALSA & SOUR CREAM REFRIED BEANS & CHEESE MEXICAN RICE CORN MIX FRUIT MILK CHOICE 1% OR FF NO SCHOOL 3-29 LUNCH LADY HERO DAY! 5-3

MENU SUBJECT TO CHANGE

- **DAILY FRESH FRUIT AND VEGATABLE BAR**

OFFERED DAILY

JAMMER, CHEESE STICK & CHEEZ-IT, FRUIT, VEGETABLE AND MILK CHOICE 1% WHITE **OR** FF CHOCOLATE.

YOGURT CUP, CHEESE STICK & PRETZEL, FRUIT, VEGETABLE AND MILK 1 % WHITE **OR** FF CHOCOLATE.

MUST PICK 3 OF 5 FOR A HEALTHY LUNCH!

MUST INCLUDE (AT LEAST) ½ cup FRUIT, ½ cup VEGETABLE, OR COMBINATION WITH EVERY MEAL.